

Indigenous Micro Organisms

www.naturalfarminghawaii.net

Overview

- · Definitions
- Collection Process
- Picture of successful collection
- Traditional Recipe
- Keys to growing IMO
- Deploying IMO



Indigenous _ Organisms

 Indigenous = naturally occurring; native

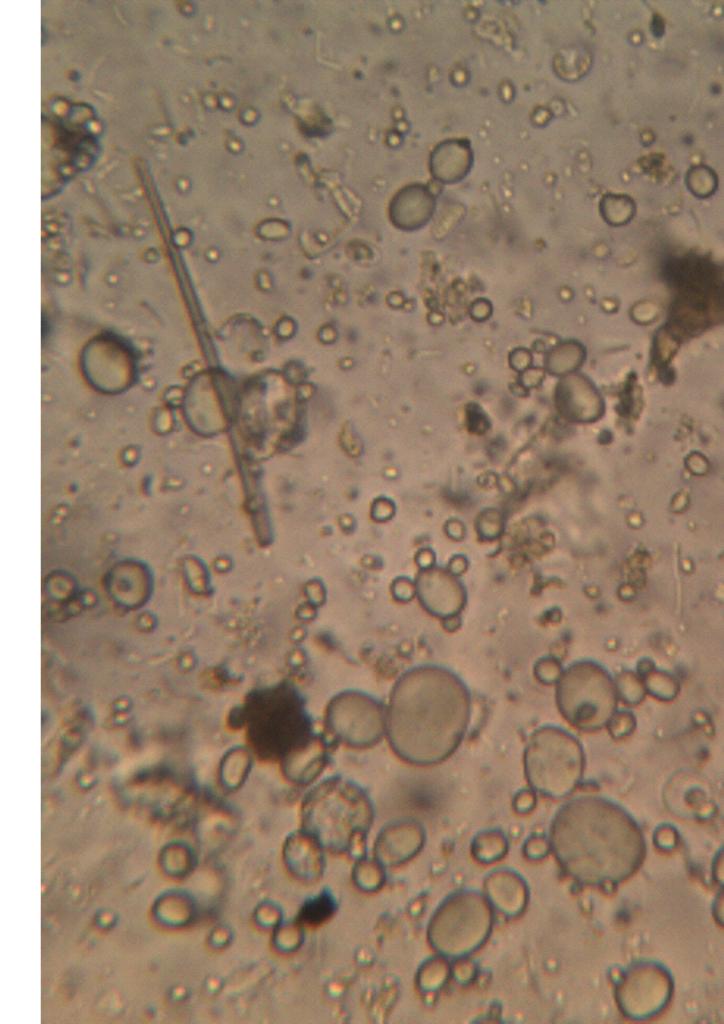
- Micro = tiny
- Medicinal = good for you
- Myco = fungal

 Organisms = organization of tools/life/organs



Collection Process

- Cook a simple carbohydrate to soften
- Build microcosm favorable to fungus
- Put where you know good microbes are
- Let microbes move in for a few days
- Collect before bad guys invade
- Preserve with equal parts of brown sugar





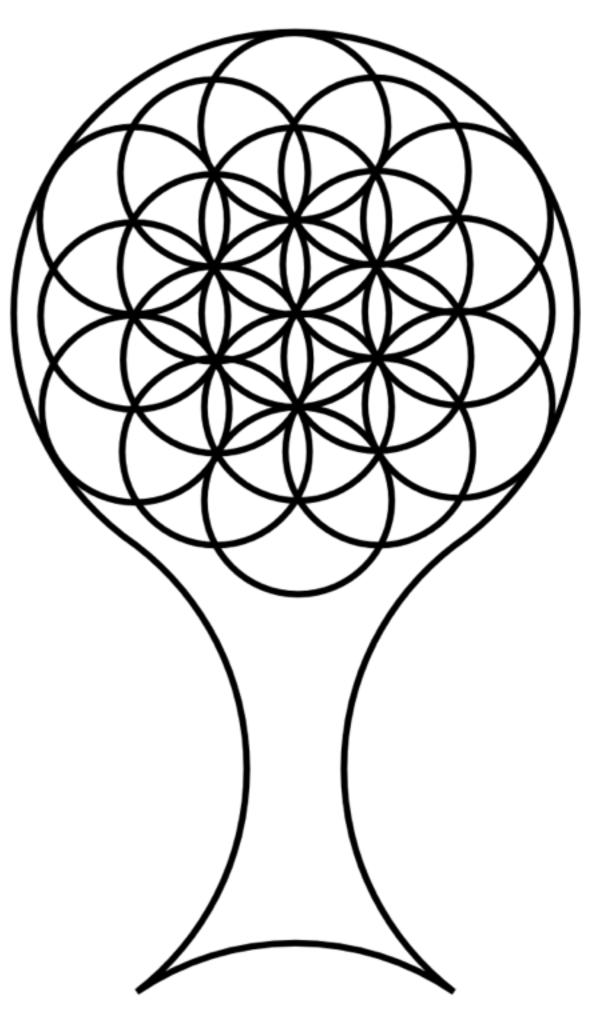
Traditional Recipe

- Cook 6 cups of white rice with 4 cups of water
- Fill wooden lunch box 2/3 full with loosely packed rice
- Place in forest
- Let ferment for 3-5 days
- Mix with equal parts of brown sugar



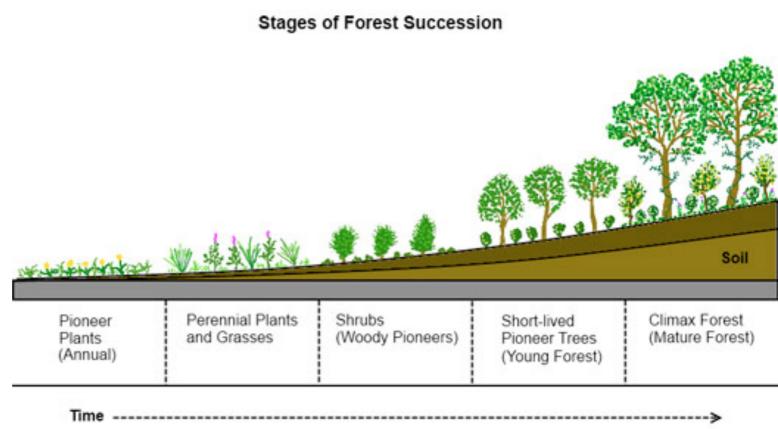
Keys to growing IMO

- IMO is aerobic. meaning it loves oxygen. if oxygen is cut off it sleeps.
- If oxygen is cut off for too long (>30 minutes), it dies and pathogens emerge.
- Too much moisture (water) can cause anaerobic (no-oxygen) conditions
- IMO is low temperature, grows best when composts stay below 120 fahrenheit



Gathering Considerations

- Mauka forests are going to have the most fungal activity
- Banana & bamboo patches are good for veggie growers
- Undisturbed areas where microbes have naturally matured
- Want well adapted microbes used to working and making a living in the soils



Strengthening and Deploying IMO

- Making IMO #3 bokashi
 - selects for best fungus
 - tunes microbes for soils
- Actively Aerated Tea
 - Highly oxygenated in water with foods to max populations
- Composting
 - Classic C:N ratio
- Mixing straight into water





Age of Aquarius

Water based methods for the win!